

Help Paramedics Help You During An Emergency!! "ICE" In Case of Emergency

If you should ever become incapacitated in case of an emergency, the Newburgh Hts Fire Department needs a quick way to find out who they should contact. Paramedics, firefighters, and police officers often waste valuable time trying to figure out which name in a cell phone to call when disaster strikes. They need to talk immediately to a family member or close friend so you can get the medical attention you need as soon as possible. The Newburgh Hts Fire Department has launched the I.C.E. program as a free and easy way to help emergency workers help you.

All you have to do is put the name of your emergency contact in your cell phone phone book with the word "ICE" in front of it. "ICE" stands for "**I**n **C**ase of **E**mergency." For example, if your emergency contact is Paula, you should put "ICE -- Paula" in your phone book. That way, emergency workers treating you can quickly contact Paula to get the information about you that they need. You can also have more than one emergency contact -- you just list them as ICE1, ICE2, and so on.

Firefighters, paramedics, and police officers know to look for ICE numbers if they ever come across an unconscious person in an accident. Now that emergency response workers are on the lookout for ICE numbers, putting your emergency contact in your phone could help save your life one day in case of emergency. By working together, we can make Newburgh Hts a safer place for everybody. Please take a moment to put your emergency contact information in your cell phone today.