

Fall Prevention

Prevent falls from windows:

- Don't rely on screen to prevent falls. Screens are made to keep bugs out, but not strong enough to keep children in.
- Move chairs and other furniture away from windows to discourage young climbers.
- Unguarded windows opened only five inches pose a danger to children under 10. In some cities, landlords are required by law to place window guards in apartments where children live.

Prevent falls down stairs:

- Keep stairs well-lit and clear of clutter. Don't let children play on stairs.
- Use safety gates if there are infants and toddlers in your home. At the top of stairs, attach the gate to a wall. Avoid accordion gates with large openings. A child's neck can be trapped in the openings.
- The home is a minefield of potentially dangerous falls for children of all ages.

Prevent falls from furniture:

- Don't leave babies alone on beds, changing tables, or sofas.
- Always strap children into highchairs and strollers.

Prevent falls from porches:

- Don't let children play alone on a fire escape, high porch, or balcony.
- Fix loose railings or boards. If you rent, ask the landlord to make these repairs.